

**7FOODS (PTY)LTD PRICELIST 2020**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
MUSCLE REPAIR SPRAY MG CHLORIDE	Magnesium Products	50 ML	R 25.00
		100 ML	R 75.00
		200 ML	R 100.00
		500 ml	R 150.00
		per Litre	R 200.00
		Bulk 3L @ R160/litre	R 480.00
Wonder Magnesium Chloride (Salt)	Magnesium Products	500 g	R 150.00
		per kg	R 200.00
		Bulk 3kg @ R160/kg	R 510.00
Deep Sleep Magnesium Glycinate	Magnesium Products	100g	R 150.00
		250g	R 300.00
		1 kg	R 1,100.00
		60 Capsules	R 100.00
SLEEPMAG		100g	R 30.00
		1kg	R 250.00
		90 Capsules	R 100.00
CHELATED MAGNESIUM AA		100g	R 100.00
		1kg	R 900.00
		60 Capsules	R 100.00
Neuro Remind Magnesium L Threonate	Magnesium Products	50g	R 250.00
		100g	R 450.00
		per kg	R 4,500.00
		30 Capsules	R 200.00
Energy Magnesium Malate	Magnesium Products	100g	R 90.00
		1kg	R 850.00
		90 Capsules	R 100.00
MG Taurate BRAIN, HEART, MUSCLE	Magnesium Products	100g	R 110.00
Magnesium Taurate	Magnesium Products	per kg	R 1,000.00
		60 Capsules	R 150.00
Mg Orotate	Magnesium Products	1Kg	R 1,800.00
		100g	R 200.00
Heart	Magnesium Products	60 Capsules	R 120.00
<b>PRODUCT NAME</b>	<b>CATEGORY</b>	<b>QUANTITY</b>	<b>PRICE</b>
Kelp Powder	Salts	100g	R 25.00
		Per kg	R 200.00
Kelp Salt	Salts	100g	R 35.00
MEERKAT SALT		1KG	R 30.00
HIMALAYAN		1KG	R 65.00
		500G	R 40.00
Dead Sea Salt	Salts	Per kg	R 50.00
<b>PRODUCT NAME</b>	<b>CATEGORY</b>	<b>QUANTITY</b>	<b>PRICE</b>
Capsule Filler (100 Hole)	Equipments - Devices - D.I.Y	Size # 1	R 950.00
		Size # 0	R 950.00
		Size # 00	R 950.00
Capsule Filler (200 Hole)	Equipments - Devices - D.I.Y	Size # 0	R 2,000.00
		Size # 00	R 3,200.00
Capsule Filler (400 Hole)	Equipments - Devices - D.I.Y	Size # 0	R 5,500.00
		Size # 00	R 5,500.00
<b>EMPTY CAPSULES:SEPERATED</b>			
Veggie	EMPTY CAPSULES	Size # 0 Qty 1000	R 325.00
		size #1	R 330.00
(Clear)		Size # 00 Qty 1000	R 350.00
Gelatin			
EMPTY Capsules (Clear) Seperated		1000 - Size # 0	R 225.00
		5000 - Size # 0	R 1,000.00
		1000 - Size # 00	R 250.00
		5000 - Size # 00	R 1,200.00
Herb Grinder		100 g	R 2,500.00
		500 g	R 4,500.00
		3000 g	R 5,500.00
Herb Scale (0,1g)	Equipments - Devices - D.I.Y		R 100.00
Sillica Gel Sachets	Equipments - Devices - D.I.Y	100	R 30.00
		1000	R 200.00
Oil Press	Equipments - Devices - D.I.Y	Industrial	R 50,000.00
		Hand	R 3,500.00
Herb Mill	Equipments - Devices - D.I.Y		R 11,000.00
Coffee Grind Industrial	Equipments - Devices - D.I.Y		R 12,000.00

**A**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Ashwagandha	powder	100g	R 55.00
	Adaptogens	Per kg	R 530.00
		90 Capsules	R 100.00
Ashwagandha	15% extract	100g	R 130.00
	Adaptogens	Per kg	R 1,200.00
		60 Capsules	R 120.00
AMLA	100g		R 40.00
	1 kg		R 350.00
	90 Capsules		R 100.00
	Tablets		
Activated Charcoal	Detox	100g	R 40.00
		1 kg	R 200.00
		90 Capsules	R 100.00
		Tablets	R 120.00
Anti-ACID	Supplements & Sugars	100g	R 40.00
		Per kg	R 450.00
		3 Kg +	R 1,275.00
		90 Capsules	R 100.00
Allergy Drops	Oils & Cream	10ml	R 50.00
Almond aquas cream	Oils & Cream	100g	R 30.00
	Oils & Cream	1 kg	R 160.00
AvoFat	Oils & Cream	200g	R 50.00
AvoFat		1KG	R 200.00
Aloe Vera Ground		1kg	R 370.00
Apple Cider Vinegar 5%	Powder	1kg	R 900.00
		100g	R 100.00
		60 Capsules	R 150.00
Astragalus Root 30%	Extract	1kg	R 1,300.00
		100g	R 140.00
		60 Capsules	R 150.00
ADHD		60 CAPSULES	R 100.00
	Powder	100GRAMS	R 100.00
ATTENTION		60 CAPSULES	R 100.00
	Powder	100GRAMS	R 100.00
African Potato		1kg	R 500.00
Arjuna	Powder	1kg	R 220.00

**B**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Brahmi - Bacopa Brain	Adaptogens	100g	R 35.00
		Per kg	R 330.00
		90 Capsules	R 100.00
B3 Vitamin - Niacin	Adaptogens	100g	R 70.00
		1 KG	R 610.00
	100MG	90 Capsules	R 100.00
Black Cohosh	MENOPAUSE	60 Capsules	R 100.00
		100g	R 90.00
		1KG	R 850.00
Bromelain Enzyme	Supplements & Sugars	100g	R 55.00
		Per kg	R 500.00
		90 Capsules	R 100.00
Baobab	Vit-C Immune Booster	100g	R 50.00
		Per kg	R 450.00
		90 Capsules	R 100.00
		3kg BULK	R 1,200.00
Berberine powder		100g	R 100.00
		Per kg	R 800.00
		60 Capsules	R 100.00
Bioflavinoid	Vit-C Immune Booster	100g	R 30.00
		Per kg	R 250.00
		90 Capsules	R 100.00
		3kg BULK	R 700.00
Black Pepper & Tumeric	Supplements & Sugars	100g	R 30.00
		1kg	R 250.00
Bringraj	Powder	1kg	
basil HOLY - Tulsi	Adaptogens	100g	R 55.00
		1kg	R 500.00
		90 Capsules	R 100.00

**C**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Collagen restore	75% collagen 25% baobab	250g	R 170.00
		500g	R 270.00
		Per kg	R 460.00
		3Kg BULK	R 1,290.00
Collagen	Veggie	100 Capsules	R 100.00
	Plain	Per kg	R 450.00
		3kg BULK	R 1,230.00
		200	R 250.00
		500	R 600.00
	1000	R 1,000.00	
GREEN COLLAGEN	Veggie	100 Capsules	R 120.00
	plant based	Per kg	R 450.00
		3kg BULK	R 1,230.00
		200	R 250.00
		500	R 600.00
	1000	R 1,000.00	
mineral collagen		100 Capsules	R 100.00
		Per kg	R 450.00
		3kg BULK	R 1,230.00
		200	R 250.00
		500	R 600.00
	1000	R 1,000.00	
Cordyceps Extract	Mushroom	100 Capsules	R 100.00
		60 Capsules	R 150.00
		1kg	R 1,500.00
		pure	100g
CAFFEIN		60 CAPSULES	R 100.00
		100GRAMS	R 100.00
Clearways Nasal (Drops)	Oils & Creams	50ml	R 40.00
Clearways Nasal (Spray)	Oils & Creams	30ml	R 60.00
Chamomile 30%	Extract 30%	1kg	R 1,300.00
		60 Capsules	R 150.00
	powder		R 500.00

**D**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Diatomaceous Earth	Detox	200g	R 30.00
		1kg	R 100.00
		5kg	R 300.00
		90 Capsules	R 70.00
Dandelion Root	Powder	1kg	R 360.00
		10% extract	1 kg
Dandelion Root	Capsules	60	R 120.00

**E**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Echinacea 30%	Extract	1kg	R 1,450.00
Echinacea	Capsules	60	R 150.00
Erythritol Powder Non-GMO Sweetener	Supplements & Sugars	100g	R 35.00
		500g	R 90.00
		Per kg	R 160.00

**F**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Fulvic Acid - 4%	Liquid	100ml	R 50.00
		Per Litre	R 250.00
		3l BULK @	R 660.00
	Powder	100g	R 70.00
		1kg	R 500.00
		3kg BULK @	R 1,200.00
		Capsules	90
Tablets	200	R 180.00	
	500	R 350.00	
	1000	R 650.00	
	FOCUS C		60
		100GRAM	R 100.00

**G**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Gotu-Kola	Adaptogens	100g	R 50.00
		Per kg	R 420.00
		90 Capsules	R 100.00
GABA	Powder	60 CAPSULES	R 100.00
		100GRAMS	R 100.00
		1 kg	R 400.00
Green Tea 98% Polyphenol	Extract	1kg	R 3,300.00
Ginger	Powder	100g	R 100.00
		1kg	R 160.00
Gingko Boloba	Powder	100g	R 50.00
		1kg	R 650.00
Gokshura - Tribulus	Powder	1kg	R 300.00
Gondolosi	Powder	1kg	R 600.00
Gymnema	Powder	1kg	R 290.00
Guggulu shudda	Powder	1kg	R 680.00
Guduchi	Powder	1kg	R 290.00

**H**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Healing Balm	Oils & Creams	100g	R 100.00
Holy basil - Tulsi	Adaptogens	100g	R 55.00
		1kg	R 500.00
		90 Capsules	R 100.00
Hair Food	Oils & Creams	100g	R 100.00

**I**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Insomnia 7 Herbs Insomnia Remedy	Powder	100g	R 80.00
		500g	R 450.00
		60 Capsules	R 100.00
Immune-C	Vit-C Immune Booster & Bioflavonoid	100g	R 50.00
		Per kg	R 450.00
		90 Capsules	R 100.00
		3kg BULK	R 1,250.00
		Tablets	200 R 150.00 500 R 350.00 1000 R 600.00
Immune-V	Vit-C Immune Booster & Bioflavonoid	100g	R 50.00
		Per kg	R 450.00
		90 Capsules	R 100.00
		3kg BULK	R 1,200.00

**J**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Jasmin Green Tea	Powder	1kg	R 2,000.00

**K**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE	
Kelp	CAPSULES	90	R 100.00	
		Powder	100g	R 35.00
			250g	R 50.00
			1kg	R 150.00
			BULK 3Kg	R 400.00
KARELA	CAPSULES	1 KG	R 200.00	
		100G	R 30.00	
		90	R 100.00	

**L**

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
LIONS MANE	NOOTROPIC	100 G	R 210.00
10%		1 KG	R 2,000.00
		60 CAPSULES	R 150.00
I-Theanine	NOOTROPIC	100 G	R 170.00
		1 KG	R 1,600.00
		60 CAPSULES	R 100.00
		tablets	1000 R 800.00
Lady Bloom	Powder	100 g	R 100.00
		250g	R 300.00
		BULK 3Kg	R 2,700.00
		1kg	R 1,000.00
		60 Capsules	R 120.00
		120 Tablets	R 100.00
Muscle LMB	Powder	150G	R 60.00
		500g	R 200.00
		1kg	R 380.00
		90 Capsules	R 100.00
		Tablets	120 Tablets R 100.00
		Tablets	120 Tablets
Licorice - Yashtimadhu	Powder	1kg	415

## M

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Magnesium Glycinate 20%	Powder	1kg	R 1,200.00
Magnesium Malate 98%	Powder	1kg	R 750.00
magn chelated a a 1 kg	Powder	1 kg	R 920.00
		100g	R 100.00
	capsules	60	R 100.00
	Tablets	100	R 100.00
Sleepmag	Powder	1 kg	R 250.00
		100g	R 30.00
	capsules	90	R 100.00
MAITAKE 10%	mushrooms	100g	R 120.00
		1 kg	R 1,200.00
Muscle LMB	Powder	150G	R 60.00
		500g	R 200.00
		1kg	R 380.00
		90 Capsules	R 100.00
	Tablets	120 Tablets	R 100.00
Maca Root Powder	Adaptogens	100g	R 40.00
		250g	R 100.00
		1kg	R 350.00
		90 Capsules	R 150.00
Black maca		100g	R 50.00
		250g	R 120.00
		1kg	R 400.00
		90 Capsules	R 100.00
Mucuna Purien	Adaptogens	100g	R 40.00
		1kg	R 350.00
		90 Capsules	R 100.00
MSM - Joints	Supplements & Sugars	100g	R 30.00
		1kg	R 250.00
OPTIMSM	Muscle	100g	R 50.00
OPTIMSM		1kg	R 450.00
		90 Capsules	R 100.00
Macho Man	Supplements & Sugars	100g	R 120.00
		1kg	R 1,000.00
		3kg BULK	R 2,700.00
		60 Capsules	R 120.00
Moringa Powder Multi- Vitamin	Vit-C Immunie Booster	250g	R 60.00
		500g	R 100.00
		Per kg	R 150.00
		90 Capsules	R 100.00
		5 kg	R 650.00
MCT OIL		500ML	R 150.00
Moringa Leaves	Vit-C Immunie Booster	Per kg	R 120.00
Moringa Seeds	Vit-C Immunie Booster	Per kg	R 250.00
Moringa Oil	Vit-C Immunie Booster	100ml	R 150.00
		1 Litre	R 1,200.00
Muscle Cream	Oils & Creams	100g	R 100.00
Meerkat Desert Salt	Salt	1kg	R 30.00
Meerkat Kalahari Coarse Salt	Salt	500g	R 20.00
Manjistha - Jamuns	Powder	1kg	R 420.00

## N

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Natural Collagen iStimulant	Vit-C Immune Booster & Bioflavonoid	1kg	R 300.00
		90 Capsules	R 100.00
		3kg BULK	R 700.00
Nicotinic Acid - Cholesterol	Detox	Per kg	R 610.00
		90 Capsules	R 100.00

## O

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Olive Leave 20% Oleuropein	Extract	1kg	R 1,500.00
Olive Leave Immune System	Extract	100g	R 160.00
	Leaves	kg	R 500.00
		100G	R 60.00
		60 Capsules	R 100.00
	Powder	1kg	R 600.00

## P

PROBIOTIC	RAFAA	250 ML	R 120.00
PROBIOTIC	RAFAA	500ML	R 170.00
PROBIOTIC	RAFAA	1 LITER	R 250.00
PROBIOTIC	ALOE		
PROBIOTIC	CREAM		
PROBIOTIC	SPRAY		
PROBIOTIC	PET		

## R

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Rhodiola Rosea 30%	Extract - Detox	1kg	R 2,300.00
	Capsules 60		R 150.00
Reishi Mushroom 30%	Extract - Detox	1kg	R 2,200.00
10%		1kg	R 1,500.00
Reishi - Immune	Detox	50g	R 250.00
		100g	R 400.00
		Per Kg	R 3,000.00
		60 Capsules	R 100.00
Reishi - Tinctures	Adaptogens	100ml	R 100.00
Rose-Hip	Vit-C Immune Booster & Bioflavonoid	100g	R 40.00
		1kg	R 460.00
Red Clover	Powder	1kg	R 300.00
Rythimia Potassium Bicarbonate	Powder	100g	R 30.00
		90 Capsules	R 100.00
		Per Kg	R 250.00

## S

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Scelitium		100g	R 60.00
		Per Kg	R 500.00
		90 Capsules	R 100.00
Shatavari Female Health	Adaptogens	100g	R 60.00
		Per Kg	R 550.00
		90 Capsules	R 100.00
Siberian Ginseng Extract 30%	Adaptogens	100g	R 170.00
		Per Kg	R 1,600.00
		60 Capsules	R 100.00
Shankupushpi	Adaptogens	100g	R 35.00
		Per Kg	R 300.00
		90 Capsules	R 100.00
Schisandra 30%	Extract	1kg	R 1,300.00
Schisandra		60 Capsules	R 150.00
St Johns Wort	Powder	1kg	R 760.00

## T

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Taurine	Supplements & Sugars	100g	R 30.00
		Per Kg	R 300.00
		90 Capsules	R 100.00
Triphala Bowel Health	Supplements & Sugars	100g	R 30.00
		Per Kg	R 300.00
		90 Capsules	R 100.00
		200 Capsules	R 150.00
Turkey Tail 10%	Extract	1kg	R 1,300.00
Turkey Tail		60 Capsules	R 150.00
Taurine 98%	Powder	1kg	R 500.00
Tumeric & Black Pepper	Supplements & Sugars	100g	R 30.00
		1kg	R 250.00
		90 Capsules	

## V

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Vasaka	Powder	1kg	R 250.00
Vitamin B3 - Niacin		100g	R 70.00
		90 Capsules	R 100.00
		1kg	R 610.00
Valerian	Powder	1kg	R 750.00

## W

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
White Musli	Powder	1kg	R 960.00

## Z

PRODUCT NAME	CATEGORY	QUANTITY	PRICE
Zeolite	Detox	100g	R 30.00
		Per kg	R 200.00
	Tablets	200	R 120.00
Zinc Glyconate	Powder	1kg	R 350.00

**Other Oils & Creams**

Avofat		200g	R	100.00
		1KG	R	250.00
ALMOND	AQUAS CREAM	200G	R	100.00
		1 KG	R	250.00
Peppermint Oil		50ml	R	50.00
Sage Oil		50ml	R	100.00
Swedish Bitters		50ml	R	50.00
Allergy Drops		10ml	R	50.00
Healing Balm		100g	R	100.00
Skin Cream		100g	R	100.00
Sleep Cream		100g	R	100.00
Avofat		200g	R	100.00
Hair Food		100g	R	100.00
Shampoo		100g	R	100.00
Muscle Cream		100g	R	100.00
Clearways Nasal (Drops)		50ml	R	40.00
Clearways Nasal (Spray)		30ml	R	60.00
Fairnes Cream - Whitening		100ml	R	100.00
Dissar Rapid Relief -		50ml	R	70.00
Skin Cream		100g	R	100.00
Sleep Cream		100g	R	100.00
Shampoo		100g	R	100.00